

## 40. Dementia Awareness

### Introduction

This course provides an introduction to dementia, including the causes of dementia, treatments for dementia, symptoms and progression of dementia, and working with people with dementia. It also covers issues around younger people with dementia, and working and driving with dementia.

The course discusses the effects on the person with dementia, and how those effects can be addressed through the use of communication techniques, adjustments to the physical environment, and an understanding of the problems faced by people with dementia.

It is aimed at those who come into contact with dementia through their work, such as care workers and healthcare assistants, and will be useful for anyone who works in a customer-facing role in any industry.



### Audience

This course is for anyone who needs to be able to support people with dementia, either in a formal capacity as a carer, or in an informal capacity, such as a shop assistant. People who should find this course useful are:

- Care workers
- Healthcare assistants
- Customer-facing staff in any industry including shops, banks, leisure centres, transport, etc
- Support staff in health care settings such as GP's surgeries and hospitals

### Objectives

In this course you will learn about:

- What dementia is
- The symptoms of dementia
- Diagnosing dementia
- The progression of dementia
- Treatment for dementia
- Taking care of yourself
- Planning for the future
- Younger people with dementia
- Working and driving with dementia
- The importance of maintaining communication with people with dementia
- The possible effects of dementia on perception
- How to support a person with dementia
- The support that carers need
- Where to get further information

### Modules

This course contains the following modules:

#### Module name

Dementia causes symptoms and treatment  
Living with Dementia

### Content

Some of the topics covered are:

What is dementia; how dementia is diagnosed; symptoms of dementia; types of dementia; early stage dementia; late stage dementia; 'aggression' in people with dementia; working with dementia; driving with dementia; treatments; support for carers; effects on perception; memory loss; living with dementia; planning for the future; communication; the importance of social contact.

